



BLS Course Programme

Language Polish	Course Level Beginner 1
Number of Sessions 10	Teacher's Name Łucja
Course Book Various textbooks and self-prepared materials	Prior Knowledge Required No

Course Aims

By the end of the course, students will be able to:

Form basic greetings and introduce themselves.

Count from 0 to 20 and use numbers in everyday conversation.

Ask and answer basic questions about nationalities, languages, reasons for learning Polish, and where they live.

Understand and use essential vocabulary related to daily life and surroundings.

Begin constructing simple sentences in Polish.

Communicate effectively in short dialogues.

Learning Objectives

Topics / Vocabulary / Grammar
1. Greetings and Introductions – Learn how to introduce oneself and greet others in Polish.
2. Counting – Master numbers from 0 to 20.
3. Basic Questions & Answers – Ask and answer simple questions.
4. Talking About Where You're From – Learn how to say where you live and are from.
5. Family & Nationality – Discuss family members, nationality, and languages.
6. Classroom Vocabulary & Polish Traditions – Understand common classroom items and get introduced to Polish culture and traditions.
7. Days, Months, and Time – Understand the days of the week, months, and time-related vocabulary.

8. Verbs & Sentence Structure – Use basic verbs and begin forming simple sentences.
9. Pronunciation & Alphabet – Focus on the pronunciation and structure of the Polish alphabet.
10. Review & Practical Application – Reinforce the learned content with real-life application.